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FOR IMMEDIATE RELEASE

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Announcement of Commencement of Medical Examinations for Grand HIMEDIC Club **“HIMEDIC Midtown East Course”**

HIMEDIC Inc. (hereinafter “HIMEDIC”), a Resorttrust Group company that is responsible for the medical business and operates a membership-based comprehensive medical club, will start medical checkups at the “HIMEDIC Midtown East Course,” the Club's 10th course, on October 28, 2024.

In 1994, Grand HIMEDIC Club was the first in Japan to begin cancer screening using PET (Positron Emission Tomography) diagnostic imaging. Since then, the Grand HIMEDIC Club, a membership-based comprehensive medical club, has been offering personalized and attentive services, including the introduction of advanced diagnostic imaging equipment, extensive support when abnormalities are detected during screening, and a nationwide referral network. The number of courses has increased to 10, with approximately 32,000 members (as of the end of June 2024).

In this course, HIMEDIC offers medical checkups for “wellbeing” by integrating the know-how of high precision medical checkups accumulated by HI-Medic over 30 years. This is the second of such medical examination courses we offer following “HIMEDIC Osaka Nakanoshima Course,” which began in August 2024, and the first in the Kanto area. By incorporating the concept of “well-being,” which means a state where a person is physically, mentally, and socially satisfied, the Course will not only provide traditional service offerings involving the early detection and treatment of serious diseases (secondary prevention), but it will also engage in primary prevention, namely the maintenance and promotion of health and lifestyle improvements, to contribute to the enhancement of physical health for the prevention of long-term frailty requiring nursing care.

In addition to tests for early detection and early treatment of serious diseases such as cancer, heart disease, and cerebrovascular disease, this course of medical checkups will include new tests and evaluation methods for bone and joint, brain, and sex hormone status that are useful for primary prevention. This will evaluate the risk of developing osteoporosis, which is a factor in nursing care, changes in bones and joints, dementia, as well as signs of menopausal disorders in men and women caused by a decrease in sex hormones, at an early stage of the disease. By extending the Grand High Medic Club's high-precision medical checkups to the area of primary prevention, we support the realization of a longer life without the need for nursing care.

In a first for the Grand HIMEDIC Club, the testing equipment at the Midtown East Course will include a new “standing CT” scanner. Because this apparatus takes scans with the patient in either a sitting or standing position, it is effective in assessing conditions that cause pain when standing and for problems with ambulatory function. It can also identify issues that are not easily visible on scan images taken with the patient lying down face up, such as the state of the spine and joints, looseness in the pelvic floor muscle, and the state of muscles and visceral fat.

*1

In addition, a PET system optimized for both head and breast examinations (PET system for head and breast) will be introduced. This is the first time the Club will use this device to perform head PET scans. The head PET scan*2 will examine for signs of Alzheimer's disease and other forms of dementia. In addition, brain health tests (memory test and brain imaging health assessment) will also be conducted to further enhance testing to detect signs of dementia.

In addition, “Lifestyle Improvement Program” will be offered as a member-participatory improvement support program.*3 In this program, doctors, medical concierges, and dietitians provide support for lifestyle improvement over a two-month period based on the results of medical checkups as well as data such as continuous blood glucose monitoring, weight, and diet. Through the acquisition of knowledge and the experience of behavior change, the program aims to enable participants to self-medicate (take responsibility for their own health and treat minor physical ailments on their own) even after the program ends.

We will create new value for true health and longevity in the age of 100 years of life by enhancing testing methods and test items, introducing improvement support programs, and providing extensive follow-up after checkups tailored to individual symptoms and requests.

*1: The club plans to use the standing CT scanner for scans of the cervical spine, lumbar spine, hip joints, and other areas. There will be certain criteria for scanning.

*2: PET scan of the head is available for patients over 50 years of age.

*3: Member-participation improvement support program is a paid optional menu item.

The medical examination will be carried out in Midtown East in Tokyo Midtown, the mixed-use development that connects directly to Tokyo’s Roppongi Station, with the PET scans to be conducted at Tokyo Radiation Oncology Clinic in Ariake, Koto-ku. Tokyo Midtown Clinic, operated by the Midtown Clinic Medical Corporation, which will also conduct the medical examinations for the Course, is located on the 6th floor of Midtown Tower next to the Midtown East Course’s location. The Tokyo Midtown Clinic provides outpatient care services in internal medicine, orthopedic surgery, gynecology, and other fields, ensuring smooth referral for secondary examinations or treatment if abnormalities are found in the medical examinations. Additionally, on the 6th floor of the Midtown Tower, a medical consultation office and special outpatient clinic are located exclusively for the Club members to support the health management of members throughout the year.

In addition, with the support of Well-Compass Inc., a joint venture with DeNA Co., Ltd. (Headquarters: Shibuya-ku, Tokyo; President & CEO: Shingo Okamura), the course will evolve a system that allows individual screening data to be viewed over time across all high medical screening facilities. In addition, a viewer system will be introduced to automatically pick up items with findings and to intuitively grasp the improvement or deterioration of results in comparison with past data. This will allow us to provide high quality medical services to each and every patient as a members-only medical club. Furthermore, we will improve productivity at each facility through automation and utilization of data to create an environment that is more customer-oriented. In the future, we will strive to provide higher quality services as a membership-based service by utilizing AI and other technologies.

*4: Excluding HIMEDIC・Tokyo University Hospital Course and HIMEDIC Kyoto University Hospital Course

HIMEDIC Midtown East Course Overview

【Membership Contract Price】

Type of Membership Plan	Details	Membership Price (Initial fee)	Monthly fee
HIMEDIC Midtown East Course Well-being Premium	Total (including tax)	3,575,000	53,900
	Base Price	3,250,000	49,000
	Consumption Tax	325,000	4,900

Membership Term 15 years Number of Members 4,950 members

【Service details】

- Medical Examinations•••Multifaceted examinations that look at future care risks such as cancer, heart disease, cerebrovascular disease, and bone and joint conditions

< Main Contents of Medical Examination > * Breast Underlined scans are only for women.

- PET scans •MRI scans •CT scans(using either PET/CT scanner or standing CT scanner) •Head PET scan
- Breast PET scanning •Mammogram
- Ultrasound scans (carotid artery, thyroid gland, breast, heart, epigastric region)
- Electrocardiography •Blood pressure pulse wave scans •X-ray bone density tests(lumbar spine, femur)
- Breast Gynecological scans(cervical cytological diagnosis, transluminal ultrasound scanning).
- Blood tests (including hormone tests, tumor markers, bone turnover markers)
- Upper gastrointestinal tract endoscopy •Body composition test
- Brain health testing (memory test, brain imaging health assessment) •Explanation of overall results, etc.

- Referral to a medical institution when abnormalities are found in the medical examinations
- Medical consultations with the Club doctors
- An appointment-only special outpatient clinic
- Regular follow-ups by a medical concierge
- Member-participatory improvement support programs *A paid option menu

【Overview of the Medical Examination Location】

Medical Examination institution : Midtown East Clinic
 Location : 9-7-2 Akasaka, Minato-ku, Tokyo, Japan
 Total floor area : Approx. 411 tsubo (approx. 1358.7㎡)
 Equipment (planned) : 3.0-Tesla MRI scans, Standing CT scans, X-ray bone-density measuring equipment, 3D mammogram machine, ultrasound examination equipment, endoscopy examination equipment
 Contracted operating medical institution : Midtown Clinic Medical Corporation



Medical Examination institution : Tokyo Radiation Oncology Clinic
 Location : 3-5-7 Ariake, Koto-ku, Tokyo, Japan
 Total floor area : Approx. 125 tsubo (approx. 413.2㎡)
 Equipment (planned) : PET/CT, PET for head and breast
 Contracted operating medical institution : Medical Corporation Keiso Kai



About “HIMEDIC”

In 1994, we were the first in Japan to launch a cancer screening program using PET for early detection of cancer. Currently, we operate a membership-based comprehensive medical club, Grand HI-Medic Club, with 13 locations and 10 courses in Tokyo, Yamanashi, Nagoya, Kyoto, and Osaka, supporting the health of approximately 32,000 members (as of June 30, 2024). We also operate a total of 18 senior housing facilities (fee-based senior housing and serviced senior housing) in the Kanto, Chubu, and Kansai regions.

Under the brand identity of “ご一緒に、いい人生,” we provide a wide range of medical services under the slogan of “contributing to health, longevity, and wellbeing in the age of 100 years of life” so that people can enjoy their lives in good health and in their own way forever.



Midtown East Clinic Reception Image



Midtown East Clinic Private Room Image



Standing CT scans Image



PET for head and breast(headshot mode)